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KELLY OXFORD
Canadian social media star goes full awkward in personal essays
metroLIFE

Your essential daily news | TUESDAY, MAY 2, 2017 High 13°C/Low 3°C Sun and cloud

School board trustee voted out in surprise move

EDUCATION

Decision came after Bergstra's comments on religion classes



Kevin Maimann
Metro | Edmonton

The Edmonton Catholic School Board removed Trustee Marilyn Bergstra from her vice chair position in a surprise vote Monday.

Board Chair Laura Thibert said the move was a response to Bergstra's recent comments suggesting religion classes should not be necessary for high school graduation.

Bergstra said she was caught off guard by the move.

"My colleagues are entitled to their opinion. Obviously I was very disappointed in it. I don't think their opinion reflects who I am, what I'm about," she said.

The board also voted to re-

move Bergstra as its representative to the Alberta School Boards Association (ASBA) and condemned unspecified recent comments by Trustee Patricia Grell, who was absent for the meeting.

Bergstra, who had recently called for more comprehensive sex education, has disagreed with other trustees on numerous issues since taking the vice chair position in October 2016.

Last week, she said high school students should not necessarily be excluded from grad commencement if they haven't completed their nine religion credits, citing barriers faced by students in specific circumstances.

"Politics isn't about sitting on a fence. And I don't respect politicians that do that," Bergstra said.

Trustee Larry Kowalczyk introduced the motion to have her removed as vice chair, saying her comments have given the board an "ugly name." Trustee Debbie Engel then added the motion to remove Bergstra as ASBA representative.



'A space to talk about our culture and our heritage'

Historian laureate Chris Chang-Yen Phillips is bringing Edmonton's past into the present
metroNEWS

JEREMY SIMES/METRO

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'We want you to hear us'

DISCRIMINATION

Advocates call on city to listen more in effort to tackle racism



Jeremy Simes
Metro | Edmonton

City decision makers need to "seriously consult" Edmonton's multicultural groups, says a representative from Edmonton's Somali community, as concerns come into focus over the city's plans to combat racism.

"Let's start listening rather than undermine," said Ahmed Abdulkadir, with the Ogaden Somali Community of Alberta Residents group, during a community and public services committee meeting Monday.

"When we challenge you (city councillors), it doesn't mean we don't like you. But we are hurting and we want you to hear us."

City council was set to debate the next steps for the anti-racism framework Monday, which sets out how the city will support grassroots groups leading the charge against discrimination.

Critics have long pushed the city to deal with incidents of racism on city streets, leading to the creation of the new framework. But advocates in attendance Monday said their voices haven't always been heard as administration moves forward



Mary Thomas of the Interracial Alliance of Edmonton and Area says her group has been left out of some meetings. METRO

on anti-discrimination work. Mary Thomas, with the Interracial Alliance of Edmonton and area, said that they've been left out of meetings to share ideas, for example.

"We need to be included and be more involved," she said. "We really want to be engaged with what the city is doing in this regard."

"There are lots of activities

on the ground. We're not ignoring the current situation," said Rob Smyth, deputy city manager for citizen services, in reference to the criticism. "We do want to work on that framework and those wheels are getting into motion."

One proposed plan is an "access without fear" policy, which would allow residents at risk of deportation because of

their heir immigration status to access city services, no question asked.

The policy would likely require council approval at a later time.

"I'm going to ask the city to do some engagement on it," said Coun. Scott McKeen. "I don't understand it that well, but I think it could be important and I want to hear more about

it. We need to make a grand, significant statement about Edmonton being a welcoming city to all people in the world."

As part of the consultations, the city plans to introduce a survey and hold public meetings with residents. Following that, they hope to return to council with a proposed framework in the beginning of 2018.

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REBUILDING

Fort Mac families get tax break

The Alberta government is providing more than \$7 million in tax relief for families whose properties were affected by last spring's Fort McMurray wildfire.

The province is providing up to \$2 million to the Regional Municipality of Wood Buffalo to compensate for education property taxes in 2017.

That's on top of \$5.1 million granted earlier this year for 2016 education property tax relief.

The municipality will set the criteria for providing compensation to residents.

About 2,600 homes were burned by the fire last May that forced more than 88,000 people to flee the oilsands city.

THE CANADIAN PRESS

\$7 million

Amount of tax relief the province has pledged for families affected by last spring's Fort McMurray wildfire.

DIPLOMACY

Pride grows over Oilers fans' flawless rendition of U.S. anthem

Canadian country singer Brett Kissel, decked out in an Oilers jersey and carrying a guitar, stepped onto the ice at Rogers Place on Sunday night to sing the Star-Spangled Banner before Edmonton's NHL play-off game against the Anaheim Ducks.

But as he began to sing it, no one could hear him.

"I'm thinking to myself, 'You've got to be kidding me! Is this for real?' And that's when the nerves set in," Kissel recounted Monday.

After two tries, he threw his hands in the air to conduct the crowd, who obliged

by bellowing out, "Oh, say can you see ..."

"There was this split second of worry, but the reality is there was no Plan B," Kissel said. "So it was either going to work or it wasn't."

And did it ever work.

On Monday, international response grew and Kissel, who hails from Flat Lake, Alta., gave interviews to CNN and TMZ. Even Ducks owners Henry and Susan Samueli issued a statement congratulating Edmonton fans.

"To hear the audience passionately sing both the Canadian and the United States

anthems was inspiring and powerful," they wrote. "Well done Edmonton!"

Kissel's quick thinking and the enthusiastic response from Oilers fans drew approval from hockey players, too.

"Brett knew the mic was gone. As an American, for a Canadian to sing the national anthem was pretty special to me," Oilers forward Patrick Maroon said. "Certainly got me going. That was pretty cool."

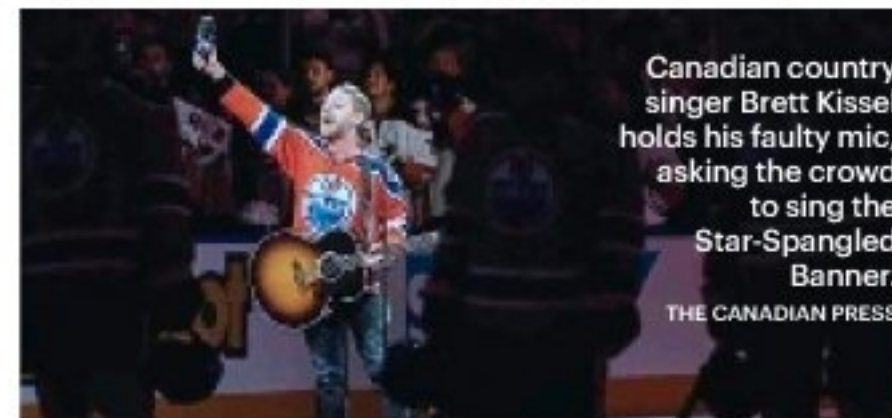
After the Star-Spangled Banner, Oilers anthem singer Robert Clark gestured with his microphone for the crowd to continue the a capella perform-

ance with O Canada.

"I didn't realize, to be quite honest, that it was a mic problem," Oilers head coach Todd McLellan said.

"I thought it was a 'Hey, let's get everybody involved' and as it turns out, a glitch can produce a great moment. The people of Edmonton showed their respect to our neighbours down south."

Kissel, who's staying with relatives in the Edmonton area while he and his wife await the arrival of a baby, said he didn't realize how cool the event was until he'd returned to his seat to watch the game.



Canadian country singer Brett Kissel holds his faulty mic, asking the crowd to sing the Star-Spangled Banner.

THE CANADIAN PRESS

His brother, who was monitoring social media, noticed the story was taking off.

"I don't know if there are many teams in the 30 teams in the National Hockey League

that would be able to do what Edmonton and the Oilers did last night. My cowboy hat goes off to them," Kissel said.

— WITH FILES FROM THE CANADIAN PRESS

How Edmonton's skyline stacks up

With Mayor Don Iveson recently saying Edmonton may need to re-think how high buildings can go in the city, Metro looks at what other cities have in place to protect things like their local views and landmarks.



VANCOUVER

Skyscrapers in Vancouver can't obstruct the city's mountains to the north, as the city wants to maintain such views for residents and postcards.

However, the city has a "density bank" where developers who preserve heritage buildings

can tack on a few extra floors to their bigger proposed towers.

For example, if the tower is capped out at 50 storeys under normal regulations (and the developer preserves a four-storey heritage building), then the tall tower can go as high as 54 storeys.



EDMONTON

Skyscrapers in Edmonton can go as high as they want currently, as nothing is in place to restrict their construction.

But Edmonton used to have height restrictions where buildings could only be 30 or 40 storeys, prior to the city closing the airport downtown.

That's because planes required some space to take off and land at the airport safely.

Now that the airport is closed, you're seeing the city's Stantec tower get built (it'll be the tallest in Western Canada) and a bunch of other behemoths.



CALGARY

Skyscrapers in Calgary can go as high as they want, but there's a catch.

The shadows they cast can't touch the Bow River, which flows north of the city's downtown.

If need be, buildings must be built shorter. Otherwise, they'll have to be placed

somewhere else.

This was the case when Foster and Partners was looking to build Bow Tower in the city.

The company had to shrink the proposal from just over 65 storeys to 56 storeys.



Jeremy Simes
Metro | Edmonton

Height limits have been in place in "probably every city in North America," says a University of Alberta urban planning professor, and Edmonton could be in store for a new cap.

"There is some merit to it," said Sandeep Agrawal during an interview Monday.

"The benefit would be to preserve the River Valley views, but it would need to rationalize clearly with extensive public consultation."

Height limits vary across Canada, and are based on scenery, light, or, as was the case in Edmonton, airspace safety.

For a long time the height of buildings in Edmonton's downtown were restricted so as to avoid interfering with the City Centre Airport, but with the facility long gone, the question stands: how high should Edmonton go?

The issue arose most recently when the city approved the proposed 80-storey Alldritt Tower, which would sit on top of river valley land between Jasper Avenue and Grierson Hill Road.

To some, the proposed building looks completely out of place amid Edmonton's shorter skyline and blocks views to the city's river valley.

"I would have liked to see the tower inbound rather than

doesn't have a policy to look at rationale or evidence when authorizing heights."

Agrawal noted a case in Philadelphia where no building could exceed the height of the city hall building (167

“When cities have these rules, they're generally looking to protect a significant landmark or natural scenery. Sandeep Agrawal

at the crest (next to the river)," said Mayor Don Iveson, who didn't support the tower for that site, last week.

"There seems to be no limit with requests, and council

metres), as there was significant value behind the statue of state founder William Penn, which is perched on top of the building.

"A few years after they

made that rule, it was violated. This has also happened in other places, too," he said.

"When cities have these rules, they're generally looking to protect a significant landmark or natural scenery."

But the downside to capping heights, Agrawal said, is that it might discourage developers from wanting to build towers.

"For a development, more height would lead to a larger number of units," he said. "For the developer, it might be more financially feasible to have that height, so if they can't go high, then they might back out."

80

The issue of city skyline height restrictions recently arose when the 80-storey Alldritt Tower was approved.

As for Iveson's suggestion on addressing height, he said he could introduce a motion to task the city with developing such policy. It would likely come when council has discussions over the city's "community benefits" arrangement at a later time.

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Call for more Indigenous chairs

ACADEMIC LEADERSHIP

Only 52 chairs list First Nations, Metis or Inuit issues



Omar Mosleh
Metro | Edmonton

Canada's Indigenous people are a common topic of academic study, yet they remain under-represented in academic leadership, according to a recent analysis by an Edmonton researcher.

Last week, Janis Geary, a health sciences PhD researcher at the University of Alberta, spent 90 hours combing through the list of current Canada Research Chairs, and recording how many identified as Indigenous and how many identified as "experts" on Indigenous issues.

Canada Research Chairs are distinguished professors who receive funding from the Government of Canada to lead research. Of the 1,600 active chairs, only 52 list First Nations, Metis or Inuit issues among their areas

of expertise, Geary said.

But the bigger problem? Of those 52 chairs, she could only find 13 who actually identify as Indigenous. She acknowledged that there are others who may not have listed their ancestry that she may have missed.

"I was surprised," Geary said. "To me, the issue of CRC providing titles that denote Indigenous expertise to non-Indigenous people without a transparent process is a huge issue ... If someone has a chair on an Indigenous topic, how do we know they're an expert on that topic?" she said.

Alberta, with the highest population of Indigenous people living in urban centres, has one Indigenous research chair. Kimberly Tallbear-Dauphine teaches Native Studies at the University of Alberta but said she'd prefer not to comment on the findings because she recently moved to Canada from the United States.

Saskatchewan has zero, while

Manitoba has two.

"This is where the majority of urban Indigenous people are located and they're significantly under-represented in terms of Canada Research Chairs," says U of A Professor Malinda S. Smith, who has researched representation at universities for years and is co-authoring a book on the topic.

"This says these western universities ... have a long way to go in terms of prioritizing Indigenous knowledge and studies," she added.

Smith's co-researcher, UofA Associate Professor of Anthropology Kisha Supernant, who identifies as Metis, said the world of academia has a long history of having non-Indigenous people research Aboriginal culture, languages and history.

And it's time for that to change.

"I think it's really important to have Indigenous people working

with Indigenous communities, because the relationship is different," Supernant said. "They are no longer treated as the object of study. They're often interested in issues of sovereignty and well-being."

Having said that, there's certainly plenty of room for non-Indigenous people to research issues affecting Aboriginal communities, she said, but it's important that all voices have a seat at the table.

"I don't think anyone would say we don't want non-Indigenous people to work with Indigenous communities. But there's for a very important role for Indigenous scholars within the academy to help transform some of the broader structural issues ... It also can benefit the health of Indigenous communities," she said.

Geary said she's not sure if the Indigenous researchers are simply not being nominated for chairs or if there's not as many researchers overall with a focus on Indigenous research.

"One thing I'd really love to see out of this is that universities recognize that there is space here for them to demonstrate leadership."



U of A PhD researcher Janis Geary is one of several academics disturbed by the lack of Indigenous representation among Canadian Research Chairs. CONTRIBUTED

“If someone has a chair on an Indigenous topic, how do we know they're an expert on that topic?” Janis Geary

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OILERS

University of Alberta creates world's smallest NHL logo

A department at the University of Alberta has created an Oilers logo so small you could fit 900 million of them on top of a puck.

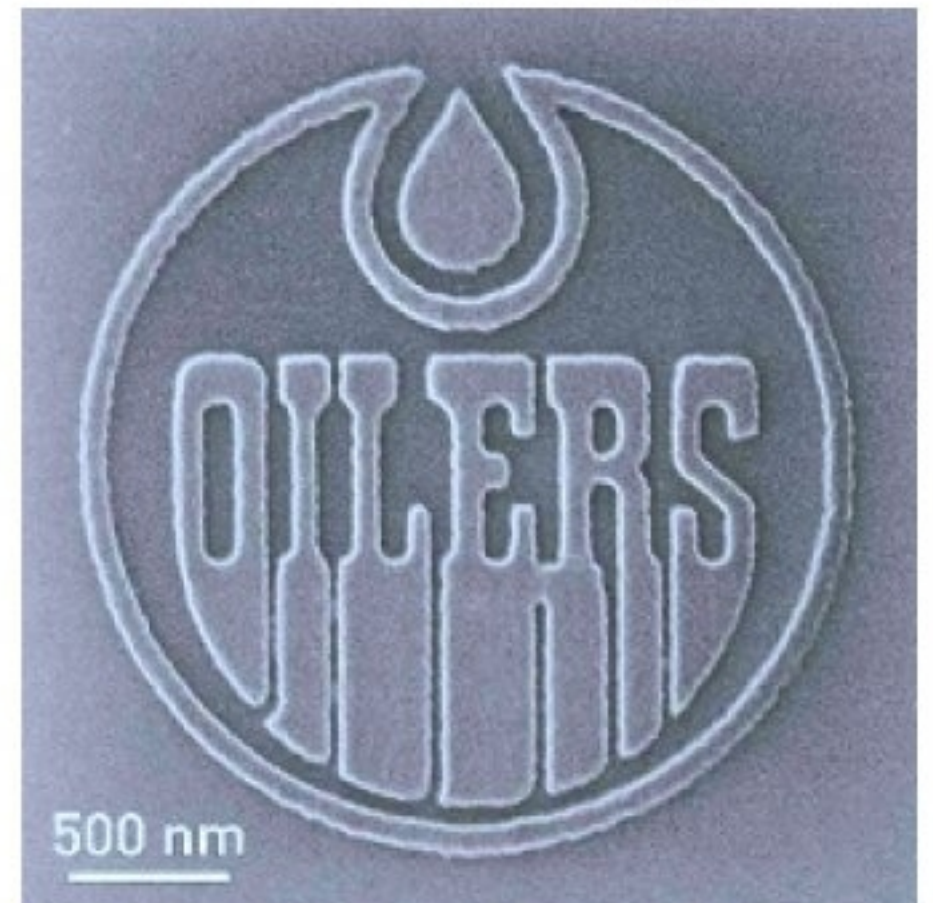
"We're constantly trying to push the limit of how small we can make things," said Eric Flaim, director of the NanoFAB Fabrication & Characterization Centre, which focuses on research on micro and nanoscale units, which are particles so tiny you need an extremely powerful microscope to see them.

The microscopic Oilers logo was created in collaboration with Edmonton-based companies Supplied Quantum Materials and Applied Nanotools.

The logo is 2.4 micrometres in diameter, which is 40 times smaller than a similar one they made in 2006, which was roughly the width of a human hair.

"That really just goes to show the kind of development that has occurred over the last 10 years," Flaim said.

In order to view the logo, the university uses what's called a helium ion microscope, one of only three in Canada. The ability to use nanotechnology is useful



Created using nanotechnology, this logo is about 40 times smaller than the width of a human hair. COURTESY NANOFAB FABRICATION & CHARACTERIZATION CENTRE

for applications such as car sensors and computer chips.

"As technology advances ... the need to be able to investigate and build things at a smaller scale increases," Flaim said.

OMAR MOSLEH/METRO

“We're constantly trying to push the limit.”

Eric Flaim

Making Edmonton history cool

HERITAGE FUNDING

Laureate finds success in sharing stories from our city



Podcasts, social media and just more Edmonton. There's a lot the city could do to get more young people on board with our neat history, says historian laureate Chris Chang-Yen Phillips.

"It's cool learning about German unification, but it's not really relevant to our lives," said Chang-Yen Phillips on Monday.

"Now, when I tell people that a train used to run through Mill Woods, their eyes just light up."

Chang-Yen Phillips spoke at the city's community and public services committee Thursday, providing a one-year update on his activities with the Edmonton Historical Board.

During the meeting, the board's outgoing chair Erin McDonald told councillors the group

has struggled slightly to boost interest in the city's heritage, especially among younger people.

"We lack a city-wide approach where all communities are included," she said. "There are resources across the entire city, and we have a role to play and it's not just limited to Old Strathcona."

But one key driver to peak interest has been Chang-Yen Phillips' work with schools, she added.

He's been touring schools where kids get to feel and observe actual artifacts found in Edmonton.

"They were so engaged in that," Chang-Yen Phillips said. "There was a space to talk about our culture and our heritage to understand where we are in the world."

On top of that, he's been airing an "investigative" podcast series where he teaches residents how to do the research themselves.

"People who are interested are going to have to continue to try out new forms of media,"

he said. "Edmonton having this historian laureate position is impressive, but I think it would be awesome if the city could invest more and support groups doing this work."

But city councillors are going to require more vocal support from residents to truly see value in boosting funds for heritage projects, according to Coun. Scott McKeen.

"Unless and until council starts getting a much more strong message from the community that they value heritage, it's fairly easy for a city council to give paltry dollars to that," he said, noting the small funds council approved for the City as a Museum project.

But there's much value to history, he added. "I think Canadians unfortunately see the word 'history' and their eyes just start to droop," McKeen said. "These are our foundational stories and, whether we know it or not, they create the culture we live in."



When I tell people that a train used to run through Mill Woods, their eyes just light up.

Chris Chang-Yen Phillips



Chris Chang-Yen Phillips has made it his mission to engage all Edmontonians about the city's neat history. JEREMY SIMES / METRO EDMONTON

POLICE

Body of one of missing hunters in northeast Alberta recovered

A Canadian reserve military unit is mourning the loss of comrades who were on a hunting trip in the wilds of northeastern Alberta.

RCMP say the body of Walter Ladouceur, 42, of Fort Chipewyan was recovered Sunday from the Rocher River.

Police and volunteers are continuing the search and recovery operation for three other men who haven't been seen for a week.

Ladouceur and two of the men who are still missing were members of a unit that operates in remote areas that aren't normally covered by the Armed Forces.

"A black mourning band is added to the crest of the 4th Canadian Ranger Patrol Group today as a sign of mourning of the loss of three of our broth-

er Canadian Rangers," says the unit's Facebook page.

"A very sad and incredibly difficult time indeed. Our hearts go out to the families and friends of those lost. They are in our thoughts and prayers." The four men left on a hunting trip on April 23 to an area known as Devil's Gate north Fort Chipewyan.

Their boat was found on the river which flows through Wood Buffalo National Park. RCMP, Parks Canada and volunteers scoured the area with the help of helicopters, a dog team, scuba divers and boats equipped with sonar to search beneath the surface of the river.

Andrew Ladouceur and Keith Marten, both members of the Ranger Patrol, have not been located. The military said the men were on their own time when they began the hunting trip. "We are absolutely devastated across the unit," Lt.-Col. Russ Meades, commander of the patrol group, told CTV News.

"When we lose brother Rangers, it is felt very, very deeply indeed."

The 4th Canadian Ranger Patrol Group operates in the four western provinces. The fourth missing hunter has been identified as Keanan Cardinal.

CTV/THE CANADIAN PRESS

April 23

The date the four men left to go on their hunting trip to Devil's Gate north Fort Chipewyan



102 AVENUE BIKE ROUTE PRE-CONSTRUCTION MEETING

The City of Edmonton is hosting a pre-construction meeting for the 102 Avenue Bike Route.

The construction area for 2017 includes 102 Avenue from 111 Street to Clifton Place.

Wednesday, May 3 5-8 PM **Robertson Wesley United Church 10330 84 Avenue**

The 102 Avenue Bike Route runs from 111 Street to 136 Street and will connect the communities of Downtown, Oliver, Westmount and Glenora. Construction of the shared-use path from 136 Street to Connaught Drive was completed in 2016. Construction of the remainder of the route is expected to be complete in 2017, provided that utility work is complete in a timely fashion. This is an opportunity for residents to become more familiar with the project and construction details. City staff will be on hand to answer questions.

IN BRIEF

Funeral for soldier killed in Alberta training exercise

A funeral service was held in southwestern Ontario for a soldier who died in a training exercise accident in Alberta.

Thirty-four-year-old Sergeant Robert Dynierowicz

died last Tuesday after his LAV-three armoured vehicle crashed during a live-fire exercise at Canadian Forces Base Wainwright.

Dynierowicz joined the army in 2005 and was a member of the Royal Canadian Dragoons, a

regiment based at C-F-B Petawawa in Ontario.

He served two tours of duty in Afghanistan.

His funeral was held Monday morning in his hometown of Kitchener, Ont. (at the Henry Walser funeral home). THE CANADIAN PRESS

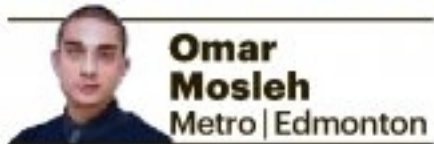
EDMONTON.CA/BIKE102AVENUE

Edmonton

Doctor studying PTSD in kids

FORT MAC: ONE YEAR LATER

Psychiatrist received \$500K for mental health research



Omar Mosleh
Metro | Edmonton

A University of Alberta psychiatrist is surveying about 5,000 students in Fort McMurray to understand how the fire is affecting children's mental health.

As part of a two-year project, Dr. Vincent Agyapong will travel to Fort McMurray once a month to work with both the public and Catholic school boards to conduct studies on how issues such as anxiety, depression and post-traumatic stress disorder are showing up in kids.

Through his research, Agyapong discovered that in the immediate aftermath of the fire, about 80 per cent of Fort McMurray residents were experiencing some type of mental health issue, which is normal after a traumatic event.

However, about one-third continue to experience issues 18



A giant fireball is visible as a wildfire rips through the forest by Highway 63, 16 kilometres south of Fort McMurray, Alta on May 7, 2016. A U of A doctor is researching rates of PTSD among Fort Mac children. THE CANADIAN PRESS FILE

months later.

The rate of PTSD among adults has increased from 0.4 per cent to 12.8 per cent, according to a survey Agyapong conducted when he first started going to Fort McMurray in November 2016.

Agyapong hopes to learn if PTSD is affecting kids in the same way it is affecting adults.

"PTSD in kids presents in an atypical way – kids will become irritable, they become more anxious, some have difficulties sep-

arating from their parents or an adult figure. You notice they are not themselves," Agyapong said.

He is the recipient of a \$500,000 grant funded by a partnership between the Canadian Institutes of Health Research,

the Canadian Red Cross and Alberta Innovates to help with the research. Agyapong is working in collaboration with UofA psychiatrist Peter Silverstone, the University of Calgary and Mount Royal University.



Fort McMurray was already on a downward trend prior to the fire ... it's more like the community was hit twice.

Dr. Vincent Agyapong

Fort McMurray already had a lack of clinical expertise when it comes to mental health challenges before the fire, Agyapong said, and there was no child psychologist either.

"The wildfire has played a huge part of it, but there are also work-related problems, like people being laid off on top of all they've gone through," he said. "Fort McMurray was already on a downward trend prior to the fire ... it's more like the community was hit twice."

The ultimate goal is for the research to lead to better treatment.

"We thought it was important not just to go identify those who have mental health problems but also to provide clinical services. Because what's the point of going and diagnosing someone with PTSD if there's no service for that individual?"

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OIL AND GAS

High employees mean higher costs, CEOs warn

Oilpatch CEOs fear their costs will rise when the federal government passes recently introduced legislation to legalize recreational marijuana.

The issue of drug use is closely watched in the industry, where workers tend to be young and hazards include long commutes to and from remote drilling sites, wells that produce poisonous or explosive gas and exposure to heavy machinery.

Many oil and gas companies have strict bans on alcohol and drugs at work.

Precision Drilling CEO Kevin Neveu, whose Calgary-based firm operates in both Canada and the United States, says his opposition to legalization is supported by his company's experiences in

Colorado after that state legalized the drug in 2014.

He said costs there have increased for employees who need drug counselling or for those who fail drug tests and must be sent home under Precision's "zero tolerance" drug and alcohol policy.

And it's more difficult to find new recruits, typically young men, who can pass pre-employment drug tests, he said.

"We have certainly failed more people in Colorado (for drug use) after legalization than we did before," he said, though he was unable to give specific numbers.

"There's a link, there's a cause. Even during the recruitment phase where we warn them we'll do a test, a surprising number still test positive."

Canada's Liberal government campaigned on a promise to legalize marijuana for recreational use, arguing prohibition does not prevent young people from using the drug.

It also said too many Canadians end up with criminal records for possessing small amounts and legalization would help remove the criminal element linked to the drug.

But Jeff Tonken, CEO of Calgary-based natural gas producer Birchcliff Energy, agreed with Neveu that employee costs will rise if the government succeeds in legalizing recreational pot by July 1, 2018.

"It's going to be more costly for us to police the safety of our people," he said.

He said workers sign an agreement when hired giving permission for random tests for drugs and alcohol consumption.

If someone fails a test, they must leave the job site, he said, but the company may still be responsible for paying for substance abuse treatment or covering a leave of absence.

SureHire Inc., an Edmonton-based drug testing company with branches across Canada, charges between \$85 and \$135 for a 12-panel point of collection test or a saliva drug test. A hair drug test costs \$275 to \$325, but costs rise if the sample is "non-negative" because it must then be sent to a lab for confirmation. Usually, the company pays.

THE CANADIAN PRESS

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Poul Mark, owner of Transcend Coffee, at the new Ritchie Market. SARAH HOYLES/FOR METRO

Market's success sparks pedestrian safety worries

RETAIL

Ritchie needs traffic control says Transcend Coffee owner



Foot traffic flooding the Ritchie neighbourhood in Edmonton is a boon for business, but some worry it could also become a safety hazard.

The Ritchie Market at 95 Street and 76 Avenue opened last month on the corner of a busy four-way stop, and business has been booming for tenants that include Transcend Coffee.

"We all knew that it was going to be a great location. I think what surprised us to some extent is the delight in which the community has embraced this place,"

said Transcend owner Poul Mark.

He said he was surprised how busy the intersection got even during the construction phase, and it will only get busier.

ACME Meats and Creekside Cyclery also occupy the market, but Blind Enthusiasm Brewing Company and brewpub Biera have yet to open and summer is just around the corner.

"I think some sort of traffic control is definitely warranted on this corner. Because it's not just about cars, it's about the interplay of cars and people," Mark said, adding he has especially noticed a spike in foot traffic on the weekends.

"As more and more people find their way here through walking and biking, it's both congestion but it's also a safety issue — people are jaywalking all the time and trying to get across the street."

Mark suggested an "X" crosswalk where traffic stops in all directions and pedestrians cross at once.

He notes they are commonly used in Banff, and there are a couple in downtown Edmonton.

Michael Vaudan, a senior engineer with parks and road services, said the "X" crosswalk — or "pedestrian scramble" — is a possibility, but would require a detailed study.

The city did an assessment on the intersection in 2015 and found traffic signals were not warranted, but he said it is definitely on their radar since the redevelopment.

"It's definitely something we're aware of and we will be monitoring as well," Vaudan said.

Greg Zeschuk, who owns the marketplace, said he's not sure what the solution is, but he's talked to people in the community who say the intersection has always been an issue.

"I've been walking across the four-way stop next door for a long, long time, and you have to have your wits about you," he said.

Jeff Chase, director of small business services with the city, said he is "pleasantly surprised" by how busy the marketplace has been.

"It's been exciting to see what it's done for a mature neighbourhood in the city," Chase said.

As more people find their way through here walking and biking, it's both congestion but it's also a safety issue, people are jaywalking all the time. Cafe owner Poul Mark.

DRUGS

City council debates contentious plans for safe consumption sites



The push to see Edmonton expedite safe consumption sites hit a minor snag Monday, with some concerned community members resisting the plans, citing "very weak" consultation.

"Engagement with our community was poorly planned," said McCauley Community League president Phil O'Hara on Monday during city council, referring to Access to Medically Supervised Injection Services (AMSIS) efforts to bring the service to the city.

Four sites have been proposed for the city, and the next step in final approval would require councillors to write to the federal government, requesting they allow the sites to open.

But on Monday city council

pushed back the final decision a day, after dozens of citizens turned out to speak, both in support and in opposition to the plans. But some members of council remain committed to the plan.

"I'm not prepared to send this back for another year for more study when people are dying," said Mayor Don Iveson during the council debate, noting the hundreds of people who've died by overdosing on fentanyl and other opioids. But opponents of the service, which aims to reduce overdose deaths by allowing people to consume deadly street drugs in medically-supervised facilities, referenced problems in Vancouver's safe consumption clinic Insite.

"I worked only four or five blocks away from (Insite)," said Central McDougall Community

League member Bernice Talin. "When you have someone come up to you and say, 'Give me all your money or I'll poke you with a needle,' you're scared. I was scared."

But representatives from AMSIS argued evidence shows the services work to reduce deaths and would help clean Edmonton's streets of discarded needles. They also felt consultation was effective.

"We knocked on every single door and left pamphlets when people didn't answer," said Laura McQuillan, a community engagement volunteer with AMSIS. "I do believe this will break down barriers." The services would be available in the Boyle McCauley Health Centre, Boyle Street Community Services, the George Spady Centre, and the Royal Alex.

IN BRIEF

Pembina Pipeline plans takeover of Veresen
Pembina Pipeline Corp. announced Monday a \$9.7-billion friendly takeover offer for Veresen Inc. in the latest case of energy companies pushing

for scale and diversification in uncertain times.
The Calgary-based companies both provide pipeline, storage and processing infrastructure in several key oil-and-gas producing areas of

Western Canada, but their geographic and product profiles are complementary, their officials told a conference call with financial analysts.
THE CANADIAN PRESS

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Why experts fear another Fort Mac

FORT MAC: ONE YEAR LATER

Governments urged to do more to prevent fires

Experts warn it is only a matter of time before another community in Canada is ravaged by a sudden intense wildfire similar to the one that hit Fort McMurray.

And the insurance industry says governments aren't doing enough to prevent destructive blazes before they happen.

In recent years, other big wildfires have caused extensive damage in Kelowna, B.C., and Slave Lake, Alta., or seriously threatened communities, including La Ronge, Sask., and Timmins, Ont.

"These were not one-offs. It is not a fluke," says Mike Flannigan, a professor of wildland fire at the University of Alberta. "It is going to happen again."

Natural Resources Canada says climate change is expected to result in more frequent forest fires that have severe consequences. The area burned could double by the end of the century compared with recent decades.

Sylvie Gauthier with the Canadian Forest Service says a warming climate has already made forests in much of Canada drier than they used to be. Last spring was one of the driest in the Fort McMurray area in the last 100 years.

As temperatures increase, so will the risk.

"The expectation is it will grow in the coming years," Gauthier says. "For a large portion of the boreal forest the fire season is also projected to be longer."

Another factor is that more people — a major cause of wild-



Fort McMurray Fire Department acting captain Chris Relph stands among the ruins of his Aldergrove Avenue home in May 2016. DAMIAN ASHER/TORSTAR NEWS SERVICE FILE

fires along with lightning — are choosing to live, work and play in forested areas.

Governments already spend millions of dollars every year to respond to wildfires and help pay for damage.

But the Insurance Bureau of Canada says more must be done to prevent fires rather than dealing with the destruction afterwards.

Bill Adams, the bureau's vice-president, says governments are

spending more on measures to mitigate the threat, but it isn't enough.

"Awareness is critical and at this point it is exceptionally low," he says. "Unless we have a much higher level of awareness around this risk — and prudent investments and action taken by federal and provincial governments and individual citizens — it is likely that we will have another major damaging fire." THE CANADIAN PRESS

Awareness is critical and at this point it is exceptionally low.

Bill Adams

REFUGEES

Guidelines for LGBTQ claims

A Nicaraguan man was refused asylum in Canada because he had not pursued gay relationships. A gay man from St. Kitts was denied because a refugee judge said cops in his home country could've protected him. A Ugandan lesbian refugee was denied because her story was ruled not credible.

Asylum claims based on sexual orientation are hard to verify and validate, as LGBTQ claimants are an invisible minority with no membership or specific physical appearance to prove their identity, presenting a huge

challenge for decision-makers at the Immigration and Refugee Board.

That challenge has prompted the board to develop its first-ever guidelines on SOGIE — short for sexual orientation and gender identity and expression — to help decision-makers handle proceedings involving the LGBTQ population.

"Questioning an individual about their SOGIE can feel intrusive and may be difficult for the individual concerned. Questioning should be done in a sensitive, nonconfrontational

manner. Open-ended questions should be employed where appropriate," advises the guidelines, released Monday.

"While an individual's experiences and behaviours related to their SOGIE may be expressed in both the private and public spheres, an individual's testimony may, in some cases, be the only evidence of their SOGIE."

Previously, proceedings involving sexual minorities were lumped into the general guidelines in handling what the board described as "vulnerable persons." TORSTAR NEWS SERVICE



Kenny Cooley last year, and showing off his Sacred Clothing line. JEFF HARPER/METRO; CONTRIBUTED

CHARITY

Trans high school footballer gives back with 'hipster' Zeus



Haley Ryan
Metro | Halifax

After toying with shirt designs for years, Kenny Cooley's idea for Sacred Clothing hit him like a lightning bolt.

Cooley, a local high school student, gained international media attention last year for being the first trans player on his Halifax West football team, and recently put out a wish to meet Ellen DeGeneres for his

birthday although that hasn't come through yet.

Now at Lockview High School, Cooley said his current co-op placement at a screen printing business, plus the months of support from Haligonians, inspired him to launch a clothing line where part of the proceeds go to a different local charity every month.

"I decided to do this as kind of a way to say thank you, and to give back — and also that's how I was brought up, you treat others the way you'd like to be

treated," Cooley said on Monday.

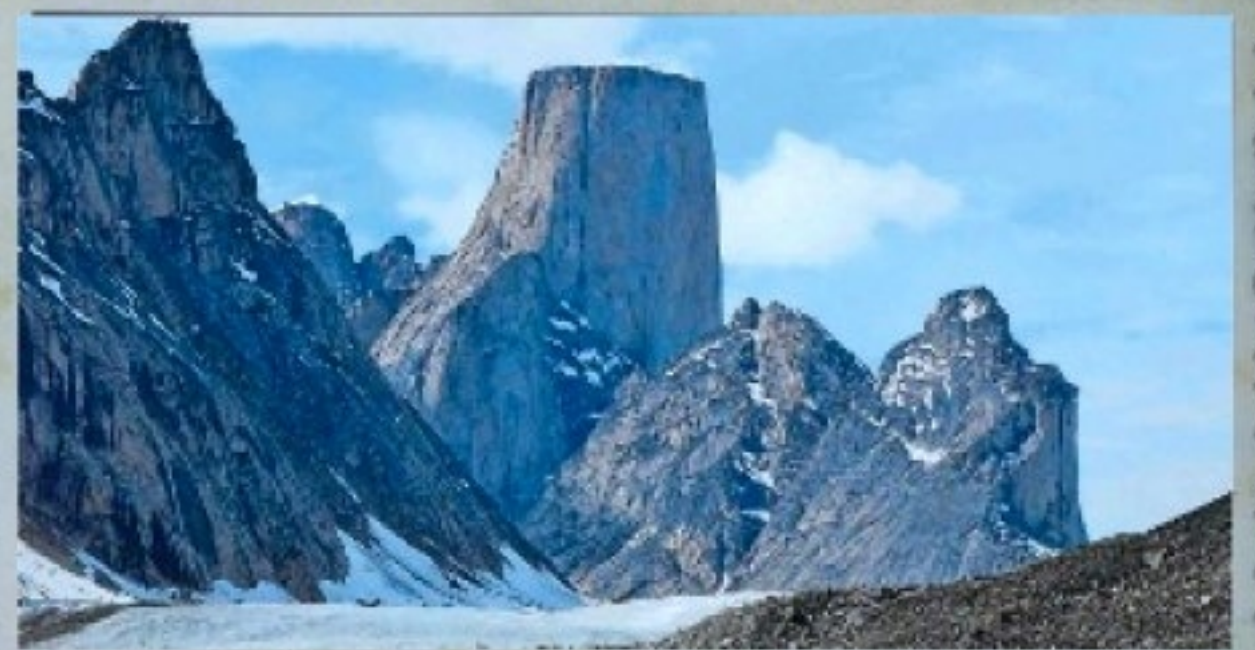
Cooley said he came up with the idea of Zeus with a "hipster" spin a month ago.

"I'm half Greek, and that's where the name Sacred comes from as well," Cooley said about the image depicting the king of the gods, an ancient lightning-bolt-throwing devotional figure the Greeks thought worthy of sacrifices. The Sacred name plays off God as well, Cooley said, and since God "helps people" that's where he got the idea of giving back to charity.

150 WAYS of looking at Canada

POSTCARD NO. 91

AUYUITUG NATIONAL PARK, BAFFIN ISLAND



THIS IS FROM MY TRIP TO AUYUITUG NATIONAL PARK ON BAFFIN ISLAND IN JULY 2010. IT IS VERY REMOTE AND FEW PEOPLE VISIT THERE TO SEE THE SPECTACULAR SCENERY AND LOTS OF PRETTY FLOWERS IN THE ARCTIC TUNDRA. YOU HAVE TO BE IN PHYSICAL SHAPE WITH LONG-DISTANCE HIKE WITH HEAVY LOAD ON THE PACK, SEVERAL RIVER CROSSING IN ICY COLD WATER AND THE UNPREDICTABLE WEATHER. JAMES HASTON



SEND US YOUR POSTCARD

Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at scene@metronews.ca or post to Instagram or Twitter with the hashtag #150postcards.

\$1 trillion to keep U.S. going

GOVERNMENT

Lawmakers OK spending bill, block Trump's Mexican wall

Erasing the threat of a disruptive government shutdown, the White House and top lawmakers endorsed a \$1.1 trillion spending bill Monday to carry the nation through September, an agreement underscoring that Democrats retain considerable clout in Donald Trump's turbulent presidency.

Negotiators released the 1,665-page bill after Republicans dropped numerous demands on the environment, Obama-era financial regulations and abortion in marathon sessions over the weekend. The bill is slated for a House vote on Wednesday, with a Senate vote ahead of a Friday midnight deadline.

"We thought we had the up-

per hand because a government shutdown would be on their shoulders, and we made that clear," said Senate Minority Leader Chuck Schumer, D-N.Y., said in an interview.

Trump and the White House made concessions last week when the president relented on his demand that the measure include a \$1.4 billion down payment for his proposed wall along the U.S.-Mexico border.

But he obtained \$1.5 billion for border security measures including 5,000 additional detention beds and surveillance.

Democrats boasted of money for foreign assistance and cash-strapped Puerto Rico while winning funding for favoured programs like transit projects and grants for first responders. They also defied Trump on a bid to punish "sanctuary cities" and on immigration enforcement.

The White House declared victory anyway, citing billions of dollars more for the military.

THE ASSOCIATED PRESS



Senate Minority Leader Chuck Schumer says the \$1 trillion plan funding the government through September is a "good agreement for the American people." THE ASSOCIATED PRESS

HISTORY

Civil War could have been avoided: Trump

The U.S. president had a historical question: Why did America's Civil War happen? "Why could that one not have been worked out?"

Remarks by Donald Trump, aired Monday, showed presidential uncertainty about the origin and necessity of the Civil War, a defining event in U.S. history with slavery at its core.

Trump also declared that President Andrew Jackson had been president "a little later, you wouldn't have had the Civil War."

"He was really angry that he saw what was happening with regard to the Civil War. He said,

"There's no reason for this," Trump continued.

Jackson died in 1845. The Civil War began in 1861.

Trump, who has at times shown a shaky grasp of U.S. history, questioned why issues couldn't have been settled to prevent the war that followed the secession of 11 Southern states from the Union and brought death to more than 600,000 Americans, North and South.

The Civil War was decades in the making, stemming from disputes between the North and South about slavery.

THE ASSOCIATED PRESS



Marches and protests mark May Day

Workers and activists marked May Day around the world Monday with defiant rallies and marches for better pay and working conditions.

Police detained 70 people in Istanbul as they tried to march. Garment workers in Cambodia defied a government ban to demand higher wages, and businesses in Puerto Rico were boarded up as the U.S. territory braced for a huge strike over austerity measures.

In Paris, police fired tear gas and used clubs on rowdy protesters at a march that included calls to defeat far-right presidential candidate Marine

Le Pen. THE ASSOCIATED PRESS

1 Turkey — People holding flags run by a screen reading "Happy Mayday, labour and solidarity day, wishing for everybody a happy world" as they clash with Turkish police during a protest march towards Taksim Square to defy a ban as part of the May Day rally, in Istanbul

BULENT KILIC/AFP/GETTY IMAGES

2 Philippines — A father carries his daughter on his shoulders as they join protesters in marching towards the Presidential

Palace to mark the global celebration of May Day in Manila, Philippines. As in the past years, workers mark the day with calls for higher wages and an end to the so-called "Endo" or contractualization.

BULLIT MARQUEZ / THE ASSOCIATED PRESS

3 France — Demonstrators confront police on the annual May Day workers' march in Paris, France. Police dealt with violent scenes in central Paris during the rally held close

to the Place de la Bastille, where protesters shouted "Fascists out!"

JEFF J MITCHELL/GETTY IMAGES

4 Venezuela — A demonstrator jumps over a tree trunk set by protesters as a barricade during an opposition May Day march in Caracas, Venezuela. Venezuelans are taking to the streets in duelling anti- and pro-government May Day demonstrations as an intensifying protest movement enters its second month. ARIANA CUBILLOS/THE ASSOCIATED PRESS

CHEMICAL WEAPONS

Human rights group condemns Syria

New evidence indicates that the Syrian government used suspected nerve agents in four chemical weapons attacks since December as part of a broader pattern of chemical weapons use, a human rights group said Monday.

Human Rights Watch said in a report that the "widespread and systematic" attacks on civilians using chemical weapons could constitute crimes against humanity.

"The government's recent use of nerve agents is a deadly escalation — and part of a clear pattern," said Kenneth Roth, executive director of Human Rights Watch.

The rights group said the four attacks using suspected nerve agents all took place in areas where offensives by armed groups fighting the government — including the Islamic State extremist group — threatened military air bases.

In an April 4 attack in the opposition-held town of Khan Sheikhoun in Idlib province, Human Rights Watch said 92 people, including 30 children, were identified by residents and activists as victims of deadly exposure to the nerve agent sarin, which Britain and France identified by chemical analysis.

Medical personnel reported that hundreds more were injured, it said.

The Syrian government has repeatedly denied using chemical weapons and so has its close ally Russia, which has also carried out aerial attacks.

Human Rights Watch called on the UN Security Council to impose an arms embargo on Syria and sanctions on those in the military responsible for chemical attacks — and to refer Syria to the International Criminal Court.

THE ASSOCIATED PRESS

PRAIRIES

Unharvested crops headache for farmers

When Humphrey Banack looks out the window on his farm, he can't see some of the fields he depends on to put food on the table and pay his bills.

Water from rain and melting snow is soaking grain and oil-seed crops that the farmer near Round Hill, Alta., couldn't harvest last fall due to bad weather.

And fields he did manage to harvest are too sodden to walk on, let alone seed, due to a cold and wet spring.

"I haven't seen this much water lying around in all of the years I have farmed," Banack said. "We are looking at another two to three weeks before we can plant any crops or deal with the old crops."

Removing and disposing of last year's unharvested grains



Prairie farmer **Humphrey Banack** surveys his flooded pea field in Round Hill, Alta., on Saturday. THE CANADIAN PRESS

will be a challenge across much of the Prairies for many farmers who are eager to start spring seeding.

Alberta's Agriculture Financial Services Corp. says there are about 400,000 hectares of

insured unharvested crops left over from last fall. A similar amount of uninsured crops remain in fields.

Farmers want officials to move quickly to assess and process crop insurance claims.

Any delay in seeding will push the growing season back, which could put new crops in jeopardy of frost damage this fall.

Some of the old crop may be salvageable. But for the portion that has to be written off, farmers hope governments will be flexible on how it can be disposed of.

Banack said some can be chopped up with harvesters, but burning it makes the most sense. Fields are too muddy to plow the material back into the ground.

Todd Lewis, president of the Agricultural Producers Association of Saskatchewan, said some farmers in his province face the same challenge.

THE CANADIAN PRESS



A customer smokes marijuana at iBake in Adams County, one of the few places in Colorado where the smoking lounge can operate without fear of getting shut down. THE CANADIAN PRESS

Nowhere to smoke legal pot

MARIJUANA

Colorado legalized weed but not public consumption

Dispensaries sell a dizzying array of dried bud, potent extracts and colourful edibles. Licensed grow-ops are filled with hundreds of fragrant plants. Head shops sit packed with elaborate pipes and vaporizers.

The number of Denver businesses that produce and sell marijuana, or supply pot paraphernalia, seems limitless. But the number of places where you can legally smoke it? Next to none.

"Personally, I think it's embarrassing," said Ricardo Baca, a Daily Beast columnist who founded The Denver Post's The Cannabist website. "Here we are, more than four years after legalization was signed into the state constitution, and very few people in this state have figured this out."

When Colorado voters passed an amendment to legalize marijuana in 2012, they lifted the ban on personal and private use, but not open and public consumption. Combine that with the state's Clean Indoor Air Act, which bans smok-

ing indoors with a few exceptions, and using marijuana is illegal practically everywhere other than a private residence.

There are fewer than 10 legal consumption lounges in Colorado, said Baca, and most are in municipalities that either agreed to allow them or were caught by surprise when activists opened them up. Denver recently passed an initiative to enable designated smoking spaces, with applications expected in July, and state lawmakers are now considering similar regulations.

Pot proponents say the state should have acted sooner to provide spaces for people to use a legal substance. So as Canada prepares to unveil its recreational market on July 1, 2018, advocates are urging it to consider a framework for bring-your-own-marijuana clubs.

Just outside Denver, in unincorporated Adams County, one of the state's few smoking lounges sits in a faded blue low-rise next to an auto repair shop

and sprawling parking lot. It's hardly the heart of the marijuana district, but it's an area where iBake can operate without fear of getting shut down.

Customers bring their own pot and pay \$10 for a monthly membership plus \$2 per visit.

THE CANADIAN PRESS

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BLUEPRINT by Sarah-Joyce Battersby/Metro

Solving cities' No. 1 problem

Some of the world's loveliest cities are awash in unwanted ornamentation from public urinals. From rapidly developing urban centres to old cobblestone streets, when this basic human need is overlooked the results can be unsightly and dangerous. Though providing more access to public washrooms seems like the most obvious solution, **here are creative ways cities are taking control of our uncontrollable urges.**



Urinal Planter

To combat what Parisians call "les pipis sauvages" or "wild peeing," an industrial design firm created a combination urinal/planter. It mixes collected pee with hay, which then marinates for a year in the countryside. After it breaks down into compost, it returns to town to fertilize the parks and flower beds of the City of Light.



Outdoor Urinal

Despite \$500 fines, the public (and their dogs) pee all over San Francisco. A street lamp was targeted so many times the base corroded and the pole toppled, almost hitting a driver. Now the city has constructed 27 public washrooms, including an open-air urinal in the famed Delores Park, which led to its own problems and complaints.



Urine Repelling Paint

San Francisco is also one of a handful of cities to deploy special paint that repels the stream back onto the source. The California city coated 30 walls with the substance, originally created to waterproof the likes of motors and machinery. In Hamburg's St. Pauli district, the treated walls included signs declaring "We pee back!"



Urine Powered Speakers

A Rio de Janeiro NGO harnessed pee to keep beats pumping, and the streets clean, during Carnival. Working like a hydro dam, urinals used the force of the stream to charge speaker batteries. A more high-tech urine-powered battery is under development with Gates Foundation funding. A version debuted at the 2015 Glastonbury festival.



Shame

Chester, England was founded as a Roman fortress in the first century AD. Now the city is protecting itself from urine with a classically British tactic: shame. Rather than go to court and face fines, pee-petrators can choose to watch CCTV footage of their offending episode, take a heritage awareness course and a walking tour of the damage.

Most of the designs combat a traditionally-male style of public peeing, that is, standing up. The people behind the French planter/urinal are working on a version adapted for women. But, as in many areas, women are often overlooked when it comes to providing public washrooms of any kind.

WORD ON THE STREET by David Hains/Metro

Walk in Jane Jacob's footsteps for a new view on your town



TORSTAR NEWS SERVICE

Jane Jacobs was a journalist with no degree in planning or architecture. Yet she became arguably the most influential figure in city plan-

ning because she listened to people who knew the most about their neighbourhoods, in turn seeing cities in new ways.

This spirit informs Jane's Walks, the annual festival of strolls that coincides with her May 4 birthday. Locals lead walks, telling neighbours about something they're passionate about, from local heritage or transit planning to public art or pizza.

Jacobs, who died in 2006, was all about giving

power back to local residents. She was firm in her belief that they were more in touch with the pulse of the community than city hall officials. Now she's something of a folk hero to city-loving people around the world (see: "What Would Jane Do?" buttons and T-shirts).

One thing Jane would do is explore. She would hear new ideas, and imagine all the possibilities that cities hold. She would go for a walk.

EDMONTON | Jane's Walk picks

Ghost Signs of Downtown:

Have you ever wondered about the history of those faded painted signs? This walk will take you back in time to answer questions, and re-capture a part of the city's heritage. Friday at 12 p.m., south steps of city hall by the fountain.

Imagining a Sustainable Urban Food Future: Check out the local food initiatives happening around North-

lands and how they fit into Edmonton's city-building objectives. Saturday at 9 a.m., Coliseum LRT station.

Edmonton's Chinatown: A Living Library: It's the largest Chinatown in area of any city in North America. Learn about its history and evolution from Kathryn Lennon. Sunday at 10:30 a.m., Chinatown Multicultural Centre.e. Find more at janeswalk.org/canada

PUBLIC WORKS The week in urbanism



PARK YOUR KEISTER

After a successful trial run in 2016, Hamilton, Ont., has made its pop-up patio program permanent. With a permit, restaurants and pubs can turn parking spots into patios, a plan that 97 per cent of patrons supported.

FIRST LADY OF DESIGN

Michelle Obama is urging architects to look beyond downtowns and work in city fringes, building neighbourhoods for "a family or a child that feels like no one cares." She made the remarks to the American Institute of Architects, her first speech since leaving the White House.

CITY CHAMP Metro's citybuilder of the week



Don Grant is a cycling advocate and consultant who promotes sustainability. Based in Ottawa, he tweets about how to improve bike infrastructure and fight climate change.

@Dongrant18

URBAN DICTIONARY



DEFINITION

A **stroad** combines the features of a street, which encourages strolling to shops and homes, with the wideness of a road, which encourages high speeds.

USE IT IN A SENTENCE

Nahla should abandon her futon on the side of the **stroad** — their shared lack of focus makes them equally useless.



Is 13 Reasons Why just a TV show?

Genna Buck
Metro Canada



A 17-year-old girl climbs into a full bathtub with a razor. We see her slice into her skin, we see the blood pour out, hear her cry and struggle to breathe. Then she is still.

The suicide of the heroine in Netflix's new popular series 13 Reasons Why is set up from the outset of the series.

So it's not a surprise. But it is a shock. And it has triggered criticism that it romanticizes suicide.

Netflix responded Monday by adding more warnings for viewers about graphic content, but the show's creators are unapologetic, saying their depiction is "unflinching and raw."

"Many people are accusing the show of glamorizing suicide and I feel strongly that we

did the exact opposite," said writer Brian Yorkey. "What we did was portray suicide and we portrayed it as very ugly and very damaging."

The 13-episode drama, co-produced by actress and singer Selena Gomez, is based on Jay Asher's 2007 young-adult bestseller about a high school student who kills herself and leaves behind 13 audiotapes detailing the events that led to her death, including sexual assault, substance abuse and bullying.

Per usual, Netflix released all 13 hours of the series at once, on March 31, leaving suicide prevention specialists worried teens might binge the entire series without a chance to fully absorb the issues and ask questions.

"Graphic details about suicide we know historically are not recommended," said Phyllis Alongi, the clinical director of The Society for the Prevention of Teen Suicide. "I understand

what the producers are saying but it could really be unsafe and I think we need to be a little more responsible."

Netflix and the show creators point out that several mental health professionals were consulted and they offer a 30-minute show called Beyond the Reasons that delves deeper into the tougher topics portrayed.

But some are going further, with the National Association of School Psychologists declaring, "We do not recommend that vulnerable youth, especially those who have any degree of suicidal ideation, watch this series."

The Ontario Ministry of Education has even issued a statement cautioning school boards not to use it as a teaching tool.

But what about the reactions of actual teens? They're binge-watching the program in droves. We asked four girls for their feelings on the controversial work.

WITH FILES FROM THE ASSOCIATED PRESS



Director Helen Shaver coaches actress Michele Ang in a scene from 13 Reasons Why. Netflix and the show creators point out that several mental health professionals were consulted in the making of the show, but critics say vulnerable youth should not watch it. CONTRIBUTED

METRO ASKS TEENS: WHAT WAS YOUR REACTION TO 13 REASONS WHY?

GENNA BUCK METRO

My friends and I have been talking about the main character, Hannah, in the sense of feeling for her and the things she went through: The fights with other girls, the way guys treat girls and talk about them, the teachers not wanting to talk because they're uncomfortable. (Teen suicide) has happened in our area, and it's not talked about until after. I don't think it shows suicide as vindicating. Hannah's story is over and her life is over.

RILEY SMIRL, 16, GRADE 11, CO-HOST OF TEEN PODCAST STILL BUFFERING

For people suffering from anything the main character is struggling with, it presents suicide as a viable option. A lot of people who are suicidal have a fantasy of, 'People will finally understand if I kill myself.' The show validates that. There's a depiction of sexual assault that's really upsetting. I found the (creator's) defence of it really troubling. He said, 'People need to see how ugly it is.' I don't think people need to see it to have compassion and understand the severity.

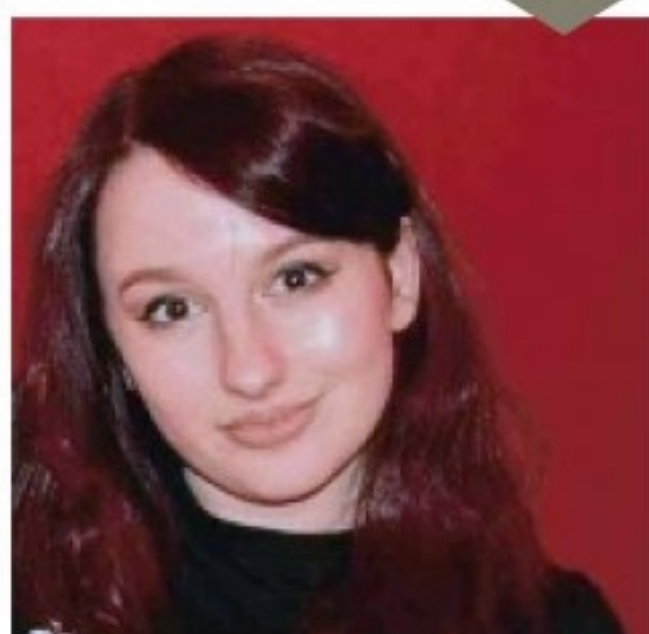
GABI KENNIFIC, 18, GRADE 12

The show's portrayal of rape culture brings so much awareness. I have actually seen a reduction in people at my school saying 'She's a slut, a whore, a skank.' To see (these issues) in a form of media that we interact with and we enjoy is really powerful. I think the arguments that it shows suicide as logical are too generalizing. They don't take into account the specific characters. It could be triggering for some, but all sorts of media could provoke that reaction.

LAUREN MARRON, 15, GRADE 9

The events that happened throughout the show were realistic. People really do talk behind your back and spread rumours, and they're mean in their cliques. It wasn't really graphic until episode nine, but if someone has mental health issues, it would be hard to watch for them. I might suggest they didn't. But it wasn't glamorizing suicide. If anything, it was telling people if you're ever feeling that down or low, that you should get help.

SHANNON VANDERKOOI, 15, GRADE 10



Always open, Oxford connects with masses

BOOKS

Social media guru gets very personal in her second book

Megan Dolski
life@metronews.ca

Kelly Oxford's honesty and punchy take on the world around her is what made her famous.

The Alberta-raised, California-based social-media star has made her career by being both hilarious and relatable online.

Since making her Twitter profile in 2009, Oxford has amassed 768,000 followers and has another 159,000 on Instagram. She posts openly about awkward moments, politics and her passionate love for McDonald's Filet-O-Fish sandwiches.

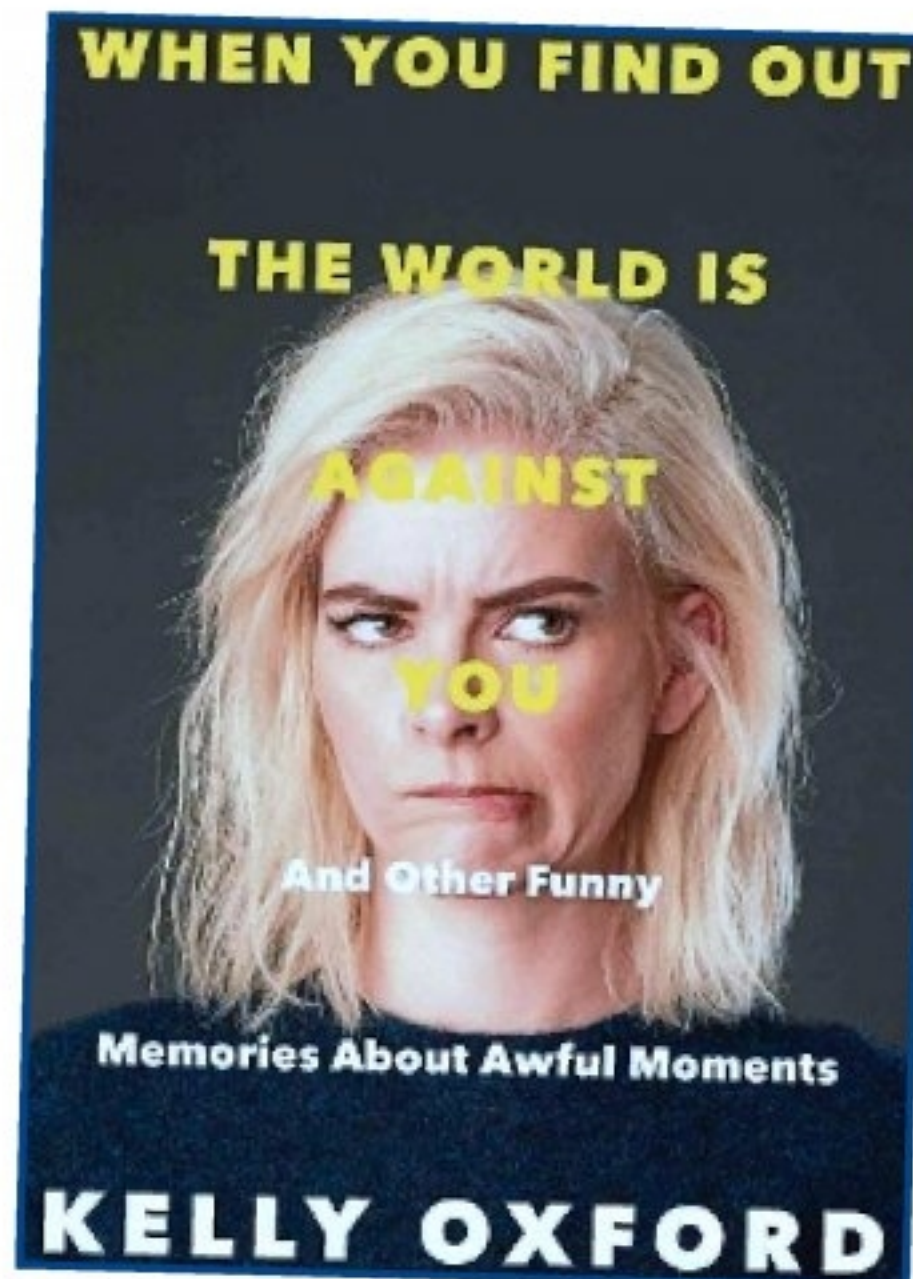
The 39-year-old writer, who made headlines last fall when she started the #NotOkay hashtag that led to an outpouring of first-person stories about sexual assault, gets personal in her second book, *When You Find Out the World is Against You* — and *Other Funny Memories About Awful Moments* (Harper Collins).

The stories range from her recollection of the night she started #Notokay, to recovering from a poorly-executed D.I.Y. perm at summer camp in Alberta, to the moment she made the connection between anxiety and armpit pain.

"I mostly write for me," said Oxford. "The stories were times where I was provoked by anxiety, times where I was stressed out, and the stories that I remembered the best or that I thought taught me the best lessons."

Oxford's second book features 11 anxiety-driven personal essays that leapfrog through different phases of her life, from memories of her childhood and teenage years in Canada to her modern-day life as a high-profile mother of three in the U.S. — sometimes linking the two.

Writing about her younger self



The stories were times where I was provoked by anxiety, times where I was stressed out, and the stories that I thought taught me the best lessons.
Kelly Oxford

came easy, Oxford said, adding she's been told she's a naturally youthful person. When it comes down to it, she says, people don't really change that much as they get older.

"I think that stories from your childhood are all fair game when you're dealing with telling stories of a character. I think your psyche is pretty much well-rounded when you are little."

She gives the example of her fear of earthquakes. In the book, she recounts a quest to figure out what her family's plan would be if a massive earthquake suddenly rumbled through Los Angeles.

The roots of that fear, she says, stem from a terrifying childhood experience when she found herself outside in a field during a tornado. Oxford says she opens up more in print than she ever

would feel comfortable doing online.

Still, she has her limits. "I know what lines can't be crossed personally for me and for my kids and the people in my life, so I just try to keep it entertaining, I suppose."

But not everything in the book is lighthearted.

The last essay in the collection, "#NotOkay: The Day My Outrage Went Viral" is relatable like the others, but the memories recalled in this one aren't laughable with hindsight. Oxford gives a first-person account behind the hashtag she started in October 2016 following a leaked video of then-candidate, now-U.S. President Donald Trump talking with Billy Bush about women, saying that fame allowed him to "grab them by the p—."

At the time, Oxford reacted quickly by tweeting to her hundreds of thousands of followers about the first time she was assaulted, asking others to do the same. Then, pretty quickly, millions of women did.

In her book, Oxford takes readers back to several separate instances when she was assaulted, and shares what was going through her head the first time she watched the Trump video. She writes longer, more detailed accounts of the assaults she had previously summarized and tweeted in less than 140 characters. She also includes some of the responses from women who took her lead and shared their own stories.

That last chapter was written after the book was finished. Following the outpouring of response on social media, she asked her editors if she could add it in. "When (hashtag) happened, I thought, 'Oh my God, this fits in so well with everything in the book.'"

The massive and powerful response from that original tweet, her loyal social-media following and this latest collection of shared moments all show Oxford's ability to make connections with people by opening up about her life.

TORSTAR NEWS SERVICE

JOHANNA SCHNELLER
WHAT I'M WATCHING



Lindsay Duncan plays Grace who confesses to killing a man.

When grief tips into madness

THE SHOW: *The Leftovers*, Season 3, Episode 3 (HBO)
THE MOMENT: Grace's story

In a delicate, seven-minute scene, Grace (Lindsay Duncan), a preacher's widow living alone in the Australian outback, explains to Kevin Garvey Sr. (Scott Glenn) why she killed a man.

Grace's five children disappeared seven years ago, in *The Great Departure* (a portion of humanity suddenly vanished). She thought they'd ascended to heaven. Then their remains were discovered, far out on the flats. "I'd never considered searching for them," she says, shattered.

When she found Garvey in the same spot, near death from a snake bite, he was clutching a notebook page. It described how his police chief son, also named Kevin, had drowned and risen again.

Grace knew a police chief named Kevin. She kidnapped and drowned him. "I thought he was testing me," she says.

"Once I'd proved my faith, he would let me talk to my children one last time."

"But you're not an angel," she tells Garvey. "And God doesn't care about me. It's just a stupid story." Her voice drops. "I've gone a bit crazy, haven't I?"

"No," Garvey says. "You've just got the wrong Kevin."

Between this and *The Handmaid's Tale*, it's a good week for apocalypse stories. In both, humankind reacts in rich, specific ways to a mysterious global catastrophe. What they're showing us, of course, is how breakable the veneer of civilization is.

The Leftovers is freer and loopier about it — this final season is often quite funny. But its greatness lies in how it zeroes in on one aspect of that veneer: how easily grief can tip into madness.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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2	9	3	4	8	6	7	5	1
4	8	5	9	1	7	2	3	6
7	6	4	1	3	8	5	2	9
9	1	8	2	5	4	6	7	3
3	5	2	6	7	9	8	1	4



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"That is the best goal I've ever scored": Liverpool's Emre Can who scored on an overhead kick in Monday's 1-0 win at Watford



'We've got to recover'

2017 NHL PLAYOFFS
GAME 4 PREVIEW

Oilers hope to draw on Sharks series for rebound effort

They may be young in playoff years, but the Edmonton Oilers already know what it takes to bounce back from a demoralizing loss in the post-season.

As they regroup from their 6-3 loss to the Anaheim Ducks, the Oilers point to a pair of wins after they were thumped 7-0 by the San Jose Sharks in the first round.

Those two victories propelled Edmonton to the Western Conference semifinal against the Ducks and marked the first time since 2006 the Oilers made the second round.

After going up 2-0 in Anaheim to take the lead in the best-of-seven series, the Oilers were brought down to earth Sunday at Rogers Place. The Ducks scored 25 seconds into the game and led 3-0 by the 12-minute mark.

"We've got to recover here, just like we did in the San Jose series," Edmonton head coach Todd McLellan said Monday outside the Oilers dressing room.

"We're in the exact same spot although it feels a little more doom and gloom. I don't know if that's from the way we played or that's the feel I get from the line of questioning that I'm answering."

The Oilers got up off the mat



Oilers goaltender Cam Talbot wasn't at his best in a 22-save performance on Sunday. CODIE MCLACHLAN/GETTY IMAGES

to temporarily tie the game Sunday. NHL regular-season points leader Connor McDavid scored a pretty equalizer with his first goal of the series.

Edmonton couldn't handle a second surge by the Ducks, however.

With a two-day break before Wednesday's Game 4 at Rogers Place, the Ducks left town and headed for Kelowna, B.C.

"I don't think they're wrong in doing that," McLellan said. "If

2

Jordan Eberle has just two assists for the Oilers through nine playoff games.

we're fortunate enough to go on, we may do something like that down the road.

"Oiler fans are pretty emotion-

al, pretty rabid. They're everywhere. They're like ants, which is great for us."

The Oilers didn't get the rock-star goaltending from Cam Talbot on Sunday that they did in his 39-save performance in Game 2.

The Ducks scored twice on their first three shots of the game. Chris Wagner's game-winner midway through the second period caught Talbot under the arm and deflected into the net.

"Obviously one Talbot would like to have back. By no means am I throwing darts at him. We wouldn't be up 2-1 without him," McLellan said.

"It deflates the team a little bit. It allowed (the Ducks) to get through to the end of the period, regroup and talk about things. Good, mature teams like they are, they gather their thoughts and come out and play the way they did in the third."

THE CANADIAN PRESS

AWARDS

Hart finalists named

Edmonton Oilers captain Connor McDavid, along with Sidney Crosby of the Pittsburgh Penguins and Sergei Bobrovsky of the Columbus Blue Jackets were named the three finalists for the Hart Memorial Trophy on Monday.

The Hart Trophy is given to "the player adjudged to be the most valuable to his team."

McDavid was the NHL's scoring leader with 30 goals and 70 assists in 82 games this season. He also led the Oilers to their first berth in the playoffs since the 2005-06 campaign.

Crosby, 29, captured his second Maurice "Rocket" Richard Trophy as the league's goal-scoring leader with 44 goals.

The Cole Harbour native finished with 89 points and was second behind McDavid. It's the sixth time that Crosby is a finalist for the MVP award.

Bobrovsky led the NHL with a 2.06 goals-against average and .931 save percentage in 63 starts this season. The Russian posted 41 wins and seven shutouts as the Blue Jackets enjoyed their best season in franchise history.

THE ASSOCIATED PRESS



NHL PLAYOFFS

Capitals work OT to make it a series

Kevin Shattenkirk scored 3:13 into overtime and the Washington Capitals overcame a late collapse in regulation to beat the Pittsburgh Penguins 3-2 on Monday night in Game 3 of the Eastern Conference semifinals.

Washington drew within 2-1 in the series when Shattenkirk's shot from the point zipped by Marc-Andre Fleury's blocker. Game 4 is Wednesday night in Pittsburgh.

The Penguins played most of the game without star Sidney

GAME 3 In Pittsburgh



Crosby, who left in the first period after taking a hit to the head from Capitals defence-man Matt Niskanen. Niskanen was given a five-minute major penalty and a 10-minute game misconduct. THE ASSOCIATED PRESS

MLB IN BRIEF

Torn lat muscle pushes Syndergaard to DL

The New York Mets placed ace right-hander Noah Syndergaard on the 10-day disabled list on Monday after an MRI revealed a partial tear of his right lat muscle.

The Mets said there is no timetable for Syndergaard's return.

Syndergaard left his start Sunday against Washington in pain, a development that came only a couple days after he said he felt fine and refused an MRI.

THE ASSOCIATED PRESS

Jays rack up 3rd straight W

Ryan Goins hit a two-run sacrifice fly, the first in Toronto's 40-year history, to go along with a two-run homer that led Marco Estrada and the Blue Jays over the New York Yankees 7-1 Monday night for their season-high third straight win.

Earlier in the day, the Blue Jays put right-hander Aaron Sanchez (0-1, 4.05 ERA) back on the 10-day disabled list, this time because a split fingernail.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Cavs inflict damage from downtown

LeBron James, and the Cavaliers' three-point shooting spelled another Game 1 loss for the Toronto Raptors.

James scored 35 points to lift Cleveland to a 116-105 victory over Toronto in the opening game of the Eastern Conference semifinals on Monday.

Kyle Lowry had 20 points and 11 assists, while DeMar DeRozan finished with 19 points, but the Raptors had no answer for the Cavs' three-point shooting (14 of 34).



LeBron James

TONY DEJAK/THE ASSOCIATED PRESS

The loss dropped the Raptors to 1-12 in playoff series openers. THE CANADIAN PRESS

MAKE IT TODAY

Hearty Tuna Niçoise Sandwich



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

This hearty picnic sandwich goes to the office just as well as it goes to a park.

Ready In 1 hour

Prep Time: 15 minutes
Chill Time: 45 minutes
Serves: 4

Ingredients

- 3 Tbsp olive oil
- 2 Tbsp white wine vinegar
- 1 Tbsp dijon mustard
- 2 x 5 oz cans of tuna
- 1/4 English cucumber, sliced
- 1 loaf bread
- 1 or 2 Tbsp black olive tapenade
- 3 hard boiled eggs, sliced
- handful fresh basil

Directions

1. Whisk together oil, vinegar and mustard.
2. Drain tuna and place it in a bowl. Add 2 Tbsp of dressing to tuna and mash with a fork.
3. Toss sliced cucumber in remaining Tbsp of dressing.
4. Cut loaf of bread horizontally and use fingers to pinch out 1 cup of the soft bread inside.
5. Spread a thin layer of tapenade on the bottom of your bread boat, then a layer of basil leaves, a layer of sliced egg, the tuna and then the cucumber. Top with the bread's cap and press down gently. Wrap the whole sandwich in plastic wrap for half an hour or overnight.
6. Cut into slices.

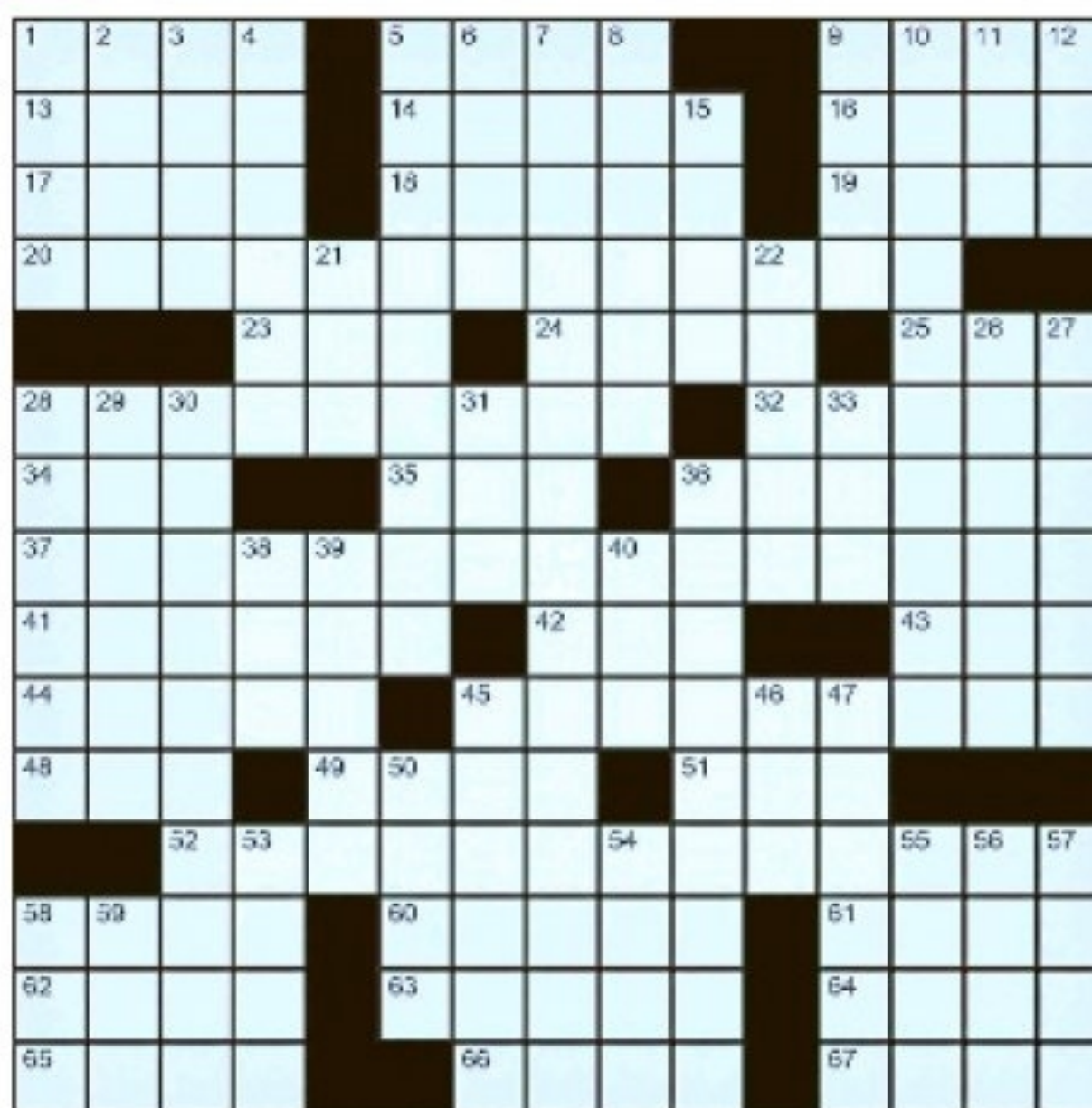
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Grand money amts.
5. Barry Manilow's "Could ___ Magic"
9. Glycolic ___ (Skin-care ingredient)
13. Botanical angle
14. Ms. Gibbs of "The Jeffersons"
16. Software's test version
17. Nature's icy layer
18. Preamble
19. Ocean swirl
20. Headland on Newfoundland's east coast known for its historic lighthouse built in 1843: 2 wds.
23. Mixed bag [abbr.]
24. Library furniture piece
25. Spinning stat.
28. Historic neighbourhood in Ottawa
32. Free from knots
34. Prefix with 'lateral'
35. Herbal beverage
36. 'Now available on ___ and DVD'
37. Royal ___ of Canada (Canadian Armed Forces academy in Kingston, Ontario)
41. Gemini's brightest star
42. Mother goddess of Thebes
43. 'Musket' suffix
44. Beneath
45. Tina Turner and Bryan Adams on "It's Only Love"
48. Loaf selection
49. Cow-horned-head-dress goddess



51. Speed ___
52. Shipping - Trade - Goods: 2017 marks Montreal's 50th anniversary as one, and it's the only one on the St. Lawrence River: 2 wds.
58. Switchblade
60. Britannica, e.g.
61. Affirm

62. ___-de-camp
63. Stiller & ___ (Comedy act)
64. The Dalai ___
65. Imagine, archaically
66. Glopped-on-a-plate serving
67. Snow-capped sights

DOWN

1. Mr. Anthony
2. Corn lily
3. Droopy
4. Shirt part
5. Tariff on goods coming in from beyond: 2 wds.
6. Mountain lake

7. Hello, Dolly!: 2 wds.
8. Mark Messier's jersey number
9. "Wanna make ___?"
10. Some of the forest's conifers: 2 wds.
11. "Why ___ be an honour."

12. 24-hour period
15. 'Friends' in France
21. Exclude
22. Yorick, in Hamlet
26. Posh wrist-watch maker
27. "Late Night with Seth ___"
28. Kuala ___ (Malaysia's largest city)
29. Like those diced bits that go well with garlic in the frying pan
30. Is set to make a ruling: 2 wds.
31. The Who's "Love, Reign ___ Me"
33. Void, in Paris
36. Top of a vintage purchase of pop
38. 'Project' suffix
39. Burial shroud city in Italy
40. Showbiz signal
45. Lane and Ladd
46. Target-shooting event, in France
47. Antelope of Africa
50. Tulip 'trunk'
53. Microwave ___
54. Singer/song-writer Laura
55. Ring's gemstone shape
56. Big win
57. Poetic contraction
58. Plank cutter
59. "Get galloping!"

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Sidestep arguments with female family members so that you can keep the peace at home, because something will change your routine today. Small appliances might break down.

Taurus April 21 - May 21
This is a restless day for you, because you feel as if nothing is reliable. Change is in the air. Wait to see what's happening before you act.

Gemini May 22 - June 21
Money disputes with a friend or a group might take place today. Keep an eye on your money, because you might lose it. You also might lose or break something you own.

Cancer June 22 - July 23
Relationships with bosses, parents and VIPs are unpredictable today. It's hard to say what will happen. Do not wake the sleeping dragon. Keep a low profile, if possible.

Leo July 24 - Aug. 23
Steer clear of controversial topics like politics, religion and racial issues today, because an argument could erupt. Expect travel plans to be canceled or changed.

Virgo Aug. 24 - Sept. 23
Double-check details regarding shared property, taxes, debt and inheritances today, because something unexpected will affect these areas. You are best prepared by being informed.

Libra Sept. 24 - Oct. 23
Difficulties with a female boss or a parent are likely today, because people feel rebellious. Nobody wants to be told what to do. Unfortunately, that's not always realistic.

Scorpio Oct. 24 - Nov. 22
Travel plans likely will change today. Ditto for plans related to colleges, universities and technical schools. Allow extra time so that you can cope with this.

Sagittarius Nov. 23 - Dec. 21
Stay in touch with your bank account and any arrangements you have regarding inheritances and shared property today, because something might throw you for a loop. Make sure you know what's happening.

Capricorn Dec. 22 - Jan. 20
Relationships with partners and close friends are unpredictable today. Patience will be your best ally when dealing with the unexpected.

Aquarius Jan. 21 - Feb. 19
Your job routine will change today — it's almost certain. Equipment failures, computer crashes, staff shortages and other unexpected events will be an obstacle to your production and efficiency.

Pisces Feb. 20 - March 20
Parents should be extra vigilant, because this is an accident-prone day for your kids. Sporting events and social occasions will suffer from unexpected changes and delays.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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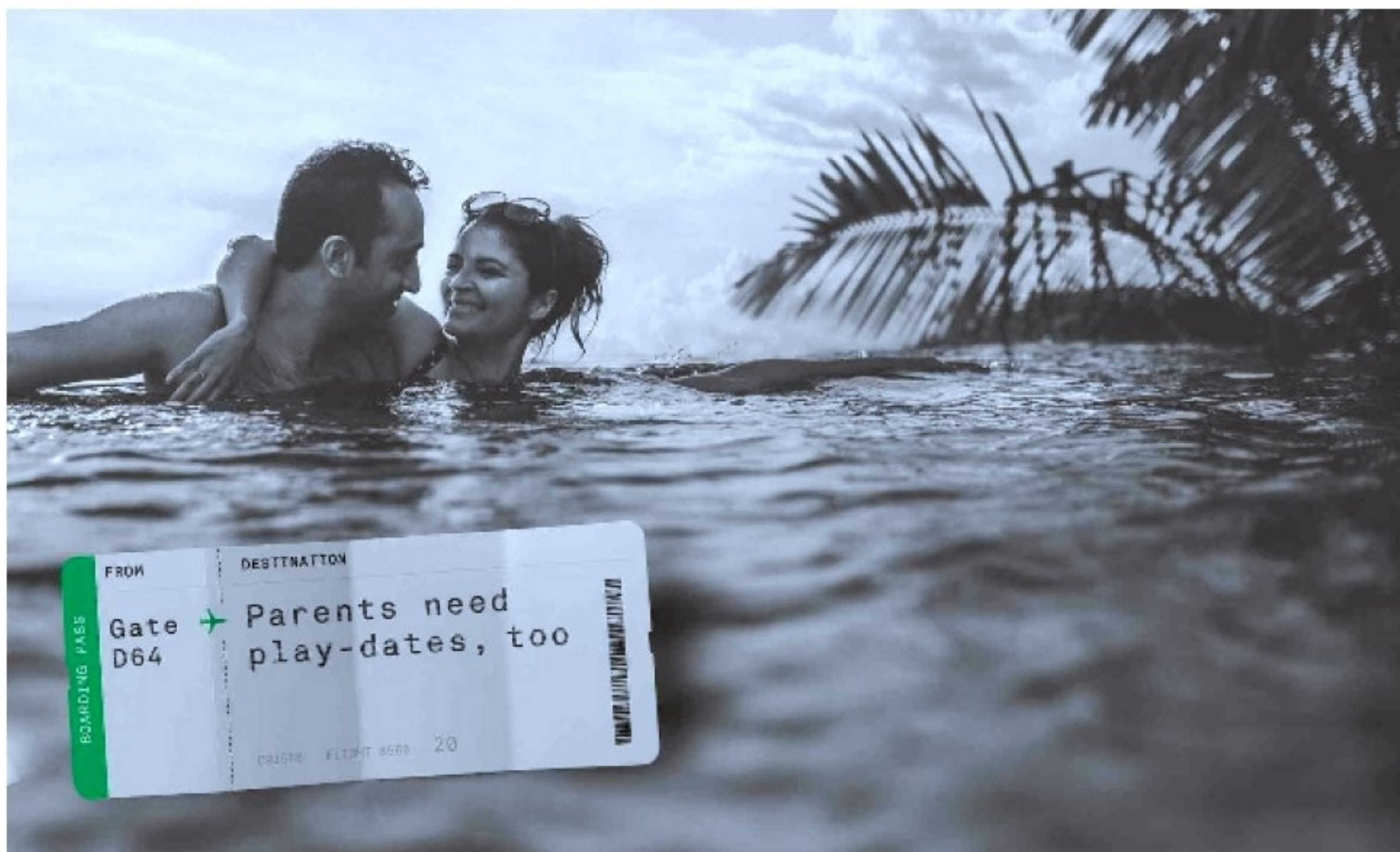


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